

CONTRAINDICATIONS

A contra-indication is a condition that enables the client as unfit for this treatment or restricts you from performing this procedure. The condition may or may not be visible during your consultation, so it is always important to discuss contra-indications with your client. Please also consult the following table of both contra-indications and cautions.

Positive reaction to a patch or sensitivity test	Do not perform the treatment
Cysts (A cyst is a lump of the upper or lower eyelid caused by obstruction and inflammation of an oil gland of the eyelid also known as a Meibomian, tarsal or granuloma cyst)	Do not perform the treatment
Hordeola/stye/styes (a small collection of puss/abscess on the eyelid)	Do not perform the treatment
Blepharitis – an ocular condition characterized by chronic inflammation of the eyelid	Do not perform the treatment
Chemotherapy	Do not perform the treatment
Skin Disease, Skin trauma, cuts, abrasions, burns and swelling in the immediate eye area	Do not perform the treatment
Skin Disorders in the general eye area (dermatosis, Xanthelasma and Syringoma)	Do not perform the treatment
Eye infections such as Impetigo or Conjunctivitis	Do not perform the treatment
Eye inflammation such as Uveitis	Do not perform the treatment
Cataracts	Do not perform the treatment
Trichotillomania (classified as an impulse control disorder and is the compulsive urge to pull out one's own hair)	Do not perform the treatment
Recent operations around the eyes, head or face or scar tissue in the immediate area	Do not perform the treatment
Hypersensitive skin/eyes	Do not perform the treatment
Keratitis (inflammation of the cornea of the eye)	Do not perform the treatment
Alopecia (loss of hair)	Do not perform the treatment
Diabetic Retinopathy	Do not perform the treatment
Bell's Palsy or any condition that makes closing or opening eyes difficult	Do not perform the treatment
Any Disease/disorder that causes shaking, twitching or erratic movements	Do not perform the treatment
Dry eye syndrome	Requires a GP referral
Glaucoma	Requires a GP referral
Post Chemotherapy	Requires a GP referral
Allergies - Hayfever	May affect client comfort
Claustrophobia or the inability to remain with eyes closed for the treatment time	May affect client comfort
Asthma/respiratory problems - ask your client to make you familiar with the location of their pump if they might need it during the treatment	May affect client comfort
Taking HRT	May affect longevity of the result
Pregnant – see notes on pregnancy	May affect longevity of the result